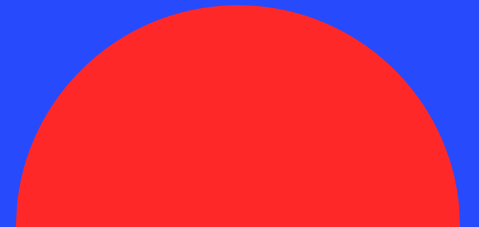
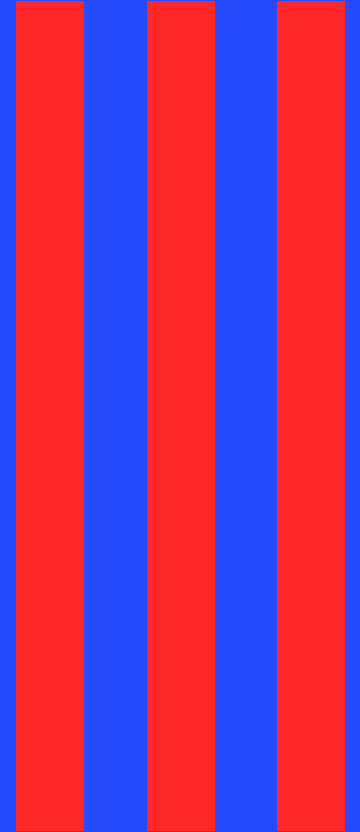


# EMBUA

## NFHS Baseball Rules

- Preseason Exam
- Balks

March 11, 2024



# NFHS PRESEASON EXAM

## Q-01. Rule 1-1

Lineups become official when:

- The head coaches provide the lineups to the plate umpire.
- The head coaches exchange lineups with each other.
- The plate umpire accepts a lineup card.
- The lineup cards have been exchanged, verified and then accepted by the plate umpire during the pregame conference.

## Q-02 Rule 1-1

A fielder (other than the catcher), to be considered to be in fair ground must:

- Have both feet touching fair ground.
- Have at least one foot touching fair ground.
- Have both feet in foul territory, but reaching over into fair territory.
- Have one foot in the air of fair ground (jumping from foul to fair territory).

## Q-03 Rule 1-5, 4-1

The catcher comes to his position wearing a skull cap and an unattached mask. Both pieces of gear are in good shape.

- Unless the opposing team complains, the plate umpire should not have an issue.
- This is legal. Both pieces of equipment are fine.
- This is illegal. The catcher must wear a helmet/mask combination that meets the NOCSAE standard.
- The catcher and the head coach shall be ejected.

## Q-04 Rule 1-6 (new rule change)

Team A's pitcher may wear a wristband with defensive instructions/pitch choices on his non-throwing arm if the wristband is not distracting and the color is NOT:

- Red.
- Black.
- White or Gray.

# NFHS PRESEASON EXAM

## Q-05 Rule 1-6 (new rule change 2024)

An umpire discovers Team A's catcher is using a two-way communication device to communicate with the dugout. What is the penalty?

- Team A's catcher is immediately ejected.
- Team A receives a warning. The catcher must remove the two-way communication device. The next offender and the head coach will be ejected.
- Team A's coach is restricted to the dugout.
- D. B. & C.

## Q-06 Rule 1-6 (new rule change 2024)

In which of the following situations may a team use a one-way communication device?

- From the pitcher to the dugout.
- From the dugout to offensive players.
- From the dugout to the catcher for the purpose of calling pitches and setting defenses.
- From the press box to defensive players.

# NFHS PRESEASON EXAM

## Q-07 Rule 10-2

R1. 1 out. 0-0 count. The pitcher is on the rubber and set to begin his delivery to the plate. The ball is currently in play. The batter is stepping into the box and has not reasonably come set. The umpire-in-chief, seeing the pitcher ready to deliver, wants to ensure the pitcher allows the batter to become set in the box and does not deliver a quick pitch. The umpire holds his right hand in a stop motion towards the pitcher. The pitcher disobeys the stop sign and delivers the pitch.

- This is legal. The stop sign is not an official mechanic.
- This is illegal and is a quick pitch. The umpire should call time. A ball is added to the count.
- This is illegal and is a quick pitch. The umpire should call time. A balk is called and R1 is awarded 2nd base.
- This ball is already dead. A quick pitch cannot be penalized as a ball or a balk.
- This ball is already dead. This is also a quick pitch and a ball is added to the count.
- This ball is already dead. This is also a quick pitch and a balk is called. This moves R1 to 2nd base.

## Q08. Rule 10-2

R1. 1 out. 0-0 count. The pitcher is on the rubber and set to begin his delivery to the plate. The ball is currently in play. The batter is stepping into the box and has not reasonably come set. The umpire-in-chief, seeing the pitcher ready to deliver, wants to ensure the pitcher allows the batter to become set in the box and does not deliver a quick pitch. The umpire holds his right hand in a stop motion towards the pitcher. The pitcher attempts a pick-off at first base.

- This is legal.
- The ball is dead.

# NFHS PRESEASON EXAM

## Q09. 3-1 CB 3.1

Jones is the starting traditional 10-player DH batting in the third position in the lineup for the second baseman F4 Adams. In the fifth inning Jones safely reaches first base and is replaced by a substitute pinch runner S1 Smith.

- S1 Smith may become the new DH.
- The original DH Jones may re-enter as DH or he may play defense.
- If S1 Smith plays defense, the role of DH is terminated.
- If F4 Adams enters the game on offense he must bat in the third position and the role of DH is terminated.
- All the above are true.

## Q10. Rule 3-1

Team A's DH is B10, and he is batting for the pitcher. In the 3rd inning the coach decides to have the pitcher bat for himself. In the 5th inning the coach decides to have the original DH bat for the pitcher. The umpire rules this is legal. Is the umpire correct?

- Yes
- No

## Q11. NFHS Speed-up Rules, 3-1-3 & 3-1-4

Adam is the designated Player/DH and is the starting pitcher. In the 4th inning with two outs Adam hits a single. The coach notifies the umpire he wants to have a courtesy runner for Adam. The umpire tells the coach that Adam cannot have a courtesy runner because on offense Adam is the DH batting for himself and not considered to be the pitcher. The coach can have a pinch runner for Adam but if he does then Adam is no longer the Player/DH. Adam can re-enter the game one time because he is a starter, but when he does, he re-enters as just a normal player and no longer the Player/DH.

- The umpire's ruling explanation is correct.
- The umpire's ruling explanation is not correct.

# NFHS PRESEASON EXAM

## Q12. NFHS 2-36-3a and 3-1-1 and Speed-up Rules

In the first inning, C1 is a courtesy runner for the pitcher. In the third inning C1 is inserted as a courtesy runner for the catcher at first base. Initially, no one notices that C1 has been a courtesy runner for both the pitcher and the catcher. C1 steals second base. The defensive coach now brings to the attention of the umpire that C1 should not have been allowed to be the courtesy runner for the catcher. The umpire checks his own lineup card and he determines the defensive coach is correct.

- C1 is declared out and he is restricted to the dugout for the remainder of the game.
- C1 is replaced by C2 and C2 is placed back on first base.

## Q13. NFHS Speed-up Rules

Catcher F2 doubles with no outs. Two outs later the offensive coach wants to insert a courtesy runner for F2. The umpire rules he cannot have the courtesy runner at this time. Is the umpire's ruling correct?

- Yes
- No

## Q14. NFHS Speed-up Rules

Adams is the courtesy runner for pitcher F1 Jones in the first inning; and Baker is the courtesy runner for catcher F2 Smith in the third inning. In the fifth inning Jones and Smith swap defensive positions. Smith becomes the relief pitcher and Jones is the new catcher. Which person can Adams courtesy run for?

- Adams may only courtesy run for Jones
- Adams may only courtesy run for the player that is pitching.

# NFHS PRESEASON EXAM

## Q15. 3-1-1

At the beginning of the third inning, the head coach tells the plate umpire that Baker will bat for the fourth batter in the inning, Davis, if the inning lasts that long. Wilson comes to bat instead of Baker and does not tell the plate umpire. With no outs, he hits into a run-scoring double play.

- Wilson is an illegal substitute and is restricted to the bench when discovered.
- It is permissible for the plate umpire to record the projected substitution of Baker.
- Wilson is an unreported substitute. Upon discovery, the plate umpire will make the needed changes in the lineup.
- The opposing coach has the option of accepting the results of the play or having Wilson declared out.

## Q16. Rule 1-1 CB 1.1

Brown is listed as the second baseman in the lineup and his name is listed seventh in the batting order listed as wearing uniform number 4. But he is wearing number 21. After reaching first base in the third inning the defensive coach appeals to the umpire that number 21 batted out of order because number 4 should have batted.

- Brown is in technical violation of the rule that requires that a player's name, shirt number and position be on the lineup card, and he is declared out.
- There is no penalty since the batting-out-of-order rule requires only that the name of the player be in the proper order.

# NFHS PRESEASON EXAM

Q17. Rule 2-29, 8-2, 8-3, 8-4

Runner R1 on first with one out. The next batter B2 hits a quick one hopper to the first baseman F3. R1 returns to first and F3 tags R1 while R1 is on the base, and then F3 steps on 1st base before B2 arrives. Who is out?

- The runner R1 is not out because he is still on the base but the batter runner B1 is out. R1 is safe to stay at 1st base.
- Both R1 and the batter runner B1 are out. Double Play.

Q18. 2-5, 2-8, 2-16, 8-4, CB 2.5

B1's bunt rolls up the first base line where it hits B1's bat that was lying on the ground in fair territory. The ball deflects off the bat and settles into foul territory.

- Batter Interference is called and B1 is declared out.
- The ball is Fair and the play remains Live.
- The ball is Foul provided the bat was not placed there intentionally.

Q19. 2-10, 3-4, 10-2

The batter B1 is in the batter's box with a count of 0-0 ready for his first pitch with runners R1 and R3 on first and third. Which statement(s) is/are a correct ruling?

- The Defensive coach steps out from behind his dugout's fence line informs his pitcher to wait so he can step out more visibly onto the field and gives his defensive signs for his players to cover a potential steal. The home plate umpire charges a Defensive Conference.
- The Defensive coach while still in his dugout yells his defensive signs for his players to cover a potential steal. The home plate umpire decides not to charge a Defensive Conference.



# NFHS PRESEASON EXAM

## Q20 Rule 3-1

Moore, the starting pitcher, is removed as pitcher in the third inning.

- Provided he has re-entry eligibility, he may return to another defensive position, but he cannot return as a pitcher.
- He may return to pitch if he has re-entry eligibility and his removal was not because of a violation of the charged conference rule.
- He may return to pitch if he has re-entry eligibility and his replacement did not require more than eight warm-up throws.
- Both B and C.

## Q21. Rule 3-1

Sullivan is the SS/DH. In the fourth inning, Drake comes in to play shortstop. In the fifth inning, the coach wants Drake to pinch hit. What is the ruling?

- This is legal. Sullivan may re-enter later as a defensive player batting for himself.
- Legal.
- The role of the DH is ended.
- All of the above.

## Q22 Rule 10-2

With a runners on first and second base, and two outs, B1 hits a fly ball in the infield that should be caught by F4 with ordinary effort. U1 incorrectly calls out "infield fly" and the batter-runner does not attempt to advance to first. The ball is then unintentionally not caught by F4, but he picks the ball up and throws the ball to first base.

- The batter-runner is out for hitting an infield fly.
- The batter-runner is out at first base.
- The batter-runner is safe because he didn't attempt to advance due to the umpire's mistake.
- Call "time" and start over from scratch.

# NFHS PRESEASON EXAM

## Q23. Rule 8-3 Case Book 8.3

R1 is breaking on the pitch. The pitcher throws a wild pitch and the ball is heading towards the dugout. The ball stops short of the dugout as R1 touches 2nd base. The catcher then inadvertently kicks the ball into the dugout after R1 has rounded 2nd.

- R1 remains on second
- R1 is awarded third
- R1 is awarded home

## Q24. Rule 8-4

R1, 1 out. R1 steals on the pitch. B5 hits the ball toward F4 who does not field the ball cleanly. F6 stretches toward F4 to receive the late throw to 2nd but R1 is safe, standing up without making any contact with F6. Which is true.

- As this is a force play, R1 is out for not making a legal slide and the batter-runner is also out at first base.
- Interference shall not be called. R1 is safe.

## Q25. Rule 3-1

At the pregame meeting, the home team head coach submits a lineup with nine players. It is not mandatory that a team designate a hitter for the pitcher, but failure to do so precludes the use of a designated hitter for that team for that game.

- TRUE
- FALSE

# NFHS PRESEASON EXAM

## Q26. Rule 8-3

R1, B2 hits a ground ball to the second baseman. F4 attempts to tag the runner advancing from first but misses him. The second baseman then throws to first but sails the ball into the dugout. The runner and the batter-runner are awarded:

- Two bases from their positions at the time of the pitch.
- Two bases from the time of the throw.
- Two bases from the time the ball became dead.
- One base.

## Q27. Rule 8-2

R1, no outs. Base hit to right field. As R1 is approaching second base, F6 obstructs him, causing R1 to miss second base. R1 advances safely to third base. When action stops, the defense appeals that R1 missed second base. Is R1 out on appeal?

- No. If obstruction causes the runner to miss a base, the runner shall not be called out on appeal for missing the base.
- Yes. It is solely the runner's responsibility to touch the bases in the proper order.
- No. But the runner should be returned to the base that he failed to touch.

# NFHS PRESEASON EXAM

Q28. Rule 5-1, 8-4

The umpires call an infield fly that is intentionally dropped.

- The ball remains live, the batter is out, and any runners advance at their own risk.
- The ball is dead and the batter is awarded first base. Any runners advance one base if forced.
- The ball is dead, the batter is out, and no runners are allowed to advance.
- Call time, the batter is out, and all runners are awarded one base.

Q29. Rule 8-4

After bunting the ball, B1's bat, which is still in B1's hand, unintentionally strikes the ball a second time in fair territory while B1 is still in the batter's box.

- This is a foul ball.
- This is an out.

Q30. Rule 7-3, 8-4

R1, 1 out. 2-0 count. B3 swings and misses, making contact with F2 on B3's follow-through. This action interferes with F2's throw to second base in an effort to put out advancing R1. R1 is safe at second base.

- B3 is out and R1 is returned to first base.
- R1 is out and B3 remains at bat with a 2-1 count.
- R1 is returned to first and B3 remains at bat with a 2-1 count.

Q31. Rule 7-3, 8-4

The runner and the batter-runner are both between first and second bases when the left fielder throws the ball into third base. The ball gets past the third baseman and rolls into the dugout.

- Both runners are awarded third base. Since they cannot both occupy third, the lead runner is awarded home.
- The lead runner is awarded second and the batter-runner must remain at first.
- Both the runner and the batter-runner are awarded home.
- The lead runner is awarded third and the batter-runner is awarded second.

# NFHS PRESEASON EXAM

## Q32. Rule 7-3, 8-4

R1, R2. 0 outs. 0-2 count. R1 and R2 attempt to steal on the pitch. B4 swings and misses the pitch and interferes with F2's attempt to throw out R1 at second base. R1 is retired at second base by the catcher's initial throw.

- B4 is out. R2 is returned to second base. R1 is returned to first base.
- B4 is out. R2 is out. R1 is returned to first base.
- B4 is out. R2 is returned to second base. R1 is out.
- B4 is out. R2 remains at third. R1 is out.
- B4 is out. R2 is out. R1 remains at second base.

## Q33. Rule 3-2 Case Book 3-2

The third-base coach is accidentally hit by a thrown ball when standing in foul territory but out of the coach's box.

- There is no penalty. The ball remains live.
- There is no penalty. The ball becomes dead.
- This is interference. The ball becomes dead.

## 34. Points of Emphasis

How much time should be between the last out of an inning and the next pitch?

- 1 minute
- 1 minute and 20 seconds
- 1 minute and 30 seconds
- 2 minutes
- There is no set time limit

# NFHS PRESEASON EXAM

Q35. Rule 1-6

Can a coach use a one-way electronic communication device to communicate **with a pitcher** for the purpose of calling pitches?

- Yes
- No

Q36. Rule 3-1

A starter, batting in the sixth spot in the lineup, is removed and returns later to bat in the fifth spot.

- The penalty for both illegal substitution and batting out of order will be enforced.
- Only the penalty for batting out of order will be enforced.
- The penalty for illegal substitution shall supersede the penalty for batting out of order.
- The player who is substituted for by the illegal substitute is restricted to the bench for the balance of the game.

Q37. Rule 3-1

Sullivan is the SS/DH. In the fourth inning, Drake comes in to play shortstop. In the fifth inning, the coach wants Drake to pinch hit. What is the ruling?

- This is legal. Sullivan may re-enter later as a defensive player batting for himself.
- Legal.
- The role of the DH is ended.
- All of the above.

Q38. Rule 6-1 A pitcher may assume the wind-up position when:

- Hands are together in front of the body.
- Hands are at the side.
- Either hand is in front of the body and the other hand is at the side of the body.
- All of the above.

# NFHS PRESEASON EXAM

## Q39. Rule 6-1

With runners on base, the pitcher drops the ball during delivery:

- It is an immediate balk.
- It is declared immediately to be a "no-pitch".
- If the ball crosses the foul line it shall be declared a ball.
- If the ball comes to rest on the plate it shall be declared to be a strike.

## Q40. Rule 8-2

A dead-ball appeal:

- Is not legal.
- Can be made by the coach or defensive player verbally after all runners have completed their advancement.
- Can be made only by a defensive player with the baseball.

## Q41. Rule 8-1

2 out. F2 drops the third strike. B1 starts toward the 3rd base dugout and F2 does not throw to first. B1, after walking beyond the dirt circle around home and in a direction towards his dugout, sees that the defense has left the infield and sprints to first, having deked the defense. What's the call?

- This is legal.
- This is illegal. The runner is out for "failure to attempt to reach first base" because he left the dirt circle in the direction away from 1st.
- This is illegal. The runner is out for "failure to attempt to reach first base" because the infielders have left the diamond.

# NFHS PRESEASON EXAM

Q42

Provided a ground rule does not supersede a rules book rule, it becomes in force when:

- Both coaches agree to the proposed ground rule.
- The umpires formulate the ground rules if the teams cannot agree.
- Both A and B.
- Neither A nor B.

Q43. Rule 2-9

B1 hits a popup in the infield over foul territory. F5 positions himself to catch the ball with one foot in the 3rd base dugout, the other foot is elevated above the playing field. F5 catches the ball and then falls into the dugout. Is this an out?

- Yes
- No

44. Rule 2-9 CB 2-9

B1 hits a popup in the infield over foul territory. F5 positions himself to catch the ball with one foot in the 3rd base dugout, the other foot is on the playing field. F5 catches the ball and then falls into the dugout. Is this an out?

- Yes
- No



# NFHS PRESEASON EXAM

## Q45. Rule 5-1

R1, pitcher balks when he fails to come to a complete and discernable stop, the pitch then hits the batter. The plate umpire awards R1 second and the batter 1st. Is he correct?

- Yes
- No

## Q46. Rule 3-4

If the defense is using a charged conference, the offense:

- May also have a conference, which is not charged, provided that they conclude their conference when the defense ends its conference and the game is not further delayed.
- Cannot have a conference.
- May have a conference, but it will count as a charged conference.
- May have a conference if the defense has no objection.

## Q47 Rule 4-1-3; 4-4-1f

The visiting team travels to the game in several cars. One of the starting player's car breaks down and there are only eight players present at game time. An assistant coach leaves to pick them up and will be back quickly.

- The game may begin provided the coach places the missing player in the No. 9 position in the lineup.
- The game may begin, but the coach is restricted to the bench.
- The game may begin if the home team's coach approves.
- The game may not start until the visiting team has nine players present.

# NFHS PRESEASON EXAM

## Q48. Rule 7-1

The improper batter becomes the proper batter and the results of his time at bat are legal when no appeal is made and:

- A legal pitch has been delivered to the next batter.
- An illegal pitch has occurred.
- An intentional base on balls has been granted.
- A, B and C.

## Q49 Rule 7-3-4

With a 3-0 count, batter B1 permits a pitch that is a Ball to hit him.

- The batter B1 stays at bat with a count of 3-0.
- The batter B1 stays at bat with a count of 3-1
- The batter B1 is awarded 1st base for being hit by the pitch.
- The batter B1 is awarded 1st base for receiving Ball four.

## 50. Rule 8-2-5

A coach is allowed to make a verbal appeal on a missed base or a base left too soon while the ball is live.

- True
- False

# Balk rules and points of emphasis

