The 2026 MLLUA Rules and Mechanics Clinic

Date	Saturday, March 14, 2026
Location	Tufts University - Medford, MA Steve Tisch Sports and Fitness Center 161 College Ave., Medford, MA (Park in lot across the street from Tisch Center)
Time	9:00am - 4:00pm

Participants will engage in active, hands-on learning and simulated drill experience. All participants will be grouped based on years of umpire experience. Topics to be covered will include:

- **Basic 6 Plate and Field Mechanics**
  We will participate in the "Basic 6" mechanics drill, a demonstration of plate mechanics, and a demonstration of field position/mechanics.

- **Overview of updates rules and regulations for 2026**
  We will review rule changes for 2026 and standard LL procedures.

- **Playing Rules - Rule Changes, Trouble Rules, and Myths**
  This session will include a review of rule changes for 2026, and overview of some of the more troublesome rules, and rule myths. A few example videos will highlight some of these rules and allow for discussion. Bring your notebook/device to take notes.
- **Plate Mechanics in the Carzo Batting Cage**
  This session will allow umpires to practice the fundamentals of Little League plate mechanics in a simulated pitcher/batter experience. Bring your face mask and indicator. Beginners will tackle the fundamentals while seasoned umpires will review them and hone strike zone accuracy and precision while focusing on proper use of eyes for timing.

- **Field Mechanics on the Indoor Turf**
  This session will allow umpires to practice field mechanics and positioning on the indoor turf field. We will run drills to practice position, timing, and footwork, and proper use of eyes for timing.

- Lunch will be served in the gymnasium. During lunch, we will recognize the 2025 Regional and World Series Umpires. Also, we will acknowledge those umpires receiving 2026 Regional and World Series assignments.

- There is no cost for this clinic.
- Please register here.
- Please bring your umpire face mask, indicator, a baseball glove, and wear your umpire uniform (black uniform shirt and gray pants preferred along with turf shoes/base shoes/sneakers - no cleated spikes)